

Ellicott City Senior Center Plus

May 2016

9401 Frederick Road
 Ellicott City, MD 21042
 410-313-1425

Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm
 Felicia Stein, Senior Center Plus Director; fstein@howardcountymd.gov
 Joyce Nagel-Mortell, Senior Center Plus Assistant Director; jnagel@howardcountymd.gov



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 iPad or Games 2	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:30 M& M Taste Test 1:00 Paws4Comfort 3	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Art with a Purpose 4	Aquatic Wellness Program, Exercise, Music and Lunch at Roger Carter Center 3000 Milltowne Drive Ellicott City, MD 10:00-2:00 5	10:00 Coffee Talk 10:15 Good Old Days 10:45 OTA Activity 12:00 Lunch 12:30 Book Club 6
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 iPad or Games 9	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 OTA Activity 10	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Julie Hall Sings 11	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Ed 12	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 13
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 iPad or Games 16	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Music with Tom 1:00 Paws4Comfort 17	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Music with Peter 18	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 J & J Musical Duo 19	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 20
10:00 Coffee Talk 10:30 Finish the Line 11:00 Exercise with Vickie 12:00 Lunch 12:45 Paws4Comfort 1:15 iPad or Games 23	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 BINGO 24	10:00 Coffee Talk 10:30 Jeopardy 11:00 Exercise with Vickie 12:00 Lunch 12:45 Ceramics 1:30 Birthday Party 25	10:00 Coffee Talk 10:30 Music Trivia 11:00 Exercise with Vickie 12:00 Lunch 12:45 DJ Doug 26	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 27
Ellicott City Senior Center Plus Closed Memorial Day 30	10:00 Coffee Talk 10:30 Word Search 11:00 Exercise with Jeannie 12:00 Lunch 12:45 Music with Tom 31			

Schedule Change

The first Friday of each month the Ellicott City Senior Center Plus will have the program at the Ellicott City Senior Center Plus site (9401 Frederick Road)

Friday, May 6th from 10:00am-1:00pm.

This change will allow us to introduce some new exciting programs to the Friday group. We will continue to go bowling the remaining Fridays.

Let's Celebrate our May Birthdays!



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations! This month we will be celebrating birthdays on Wednesday, May 25th.

**Please feel free to join us as we wish
a very happy birthday to Lillian, Gloria, Myrtle, Willia and Laura!**

Thank you to HoneyBaked Ham for their continuous support of our program.

IMPORTANT DATES TO PUT ON YOUR CALENDAR

Silver Dolphin Aquatic Wellness Program @ Roger Carter Center – **Thursday, May 5th.**
(Please remember to bring your bathing suit or swim trunks, towel and water shoes)

ECSC+ CLOSED – Monday, May 30th for Memorial Day

To inquire about resources, respite care needs, and/or caregiver support, contact
Maryland Access Point of Howard County (MAP) at 410-313-5980 or

Email: map@howardcountymd.gov

Inclement Weather Policy:

When Howard County Schools are closed or delayed two hours due to inclement weather,
Ellicott City Senior Center Plus is closed.

If the schools are delayed by one hour, the center is open.

When the schools have a scheduled day off, please tune to WBAL-TV for possible weather related closures of the center.

Contact the center at 410-313-1425 to hear a recorded message regarding center operations.

RTA Contact Information: 1-800-270-9553...Press 3 and follow prompts